

# TruCath®

## Closed System Intermittent Catheter

en

### Instructions for Use

#### INTENDED USE

The TruCath® Closed System Intermittent Catheter is intended to drain urine from the bladder.

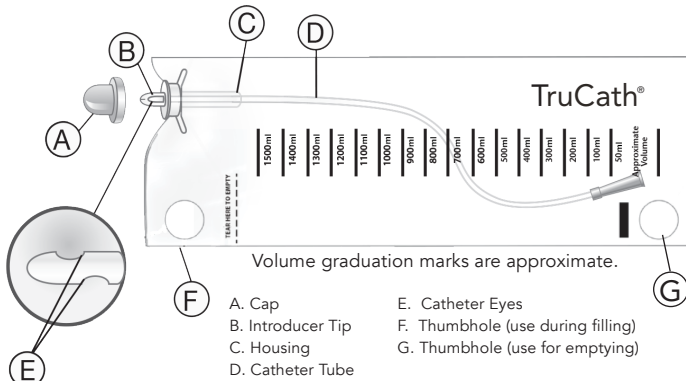
#### CONTRAINDICATIONS

None.

#### WARNINGS

- When removing the cap, if the introducer tip is also removed, urinary tract infection (UTI) risk could be heightened as the tip is designed to protect the catheter from potential pathogens.
- Any serious incident that occurs in relation to the device should be reported to the manufacturer.

#### CATHETER COMPONENTS



#### STEP-BY-STEP INSTRUCTIONS

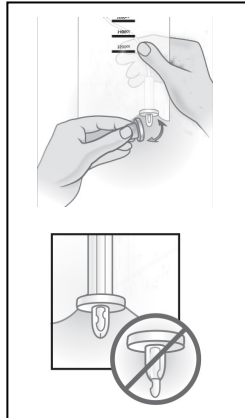
##### MALE INSTRUCTIONS

(SEE REVERSE FOR FEMALE INSTRUCTIONS)

1. Wash hands. Open the package and remove the contents. Put on gloves, and use an underpad, if necessary.

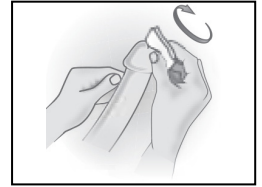


2. Prepare the catheter: Remove the cap from the introducer tip. Ensure that the catheter tube is inside the introducer tip but not extended through the opening of the tip.

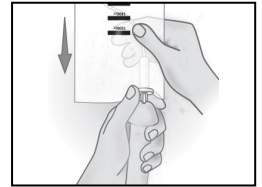


**IMPORTANT:** When removing the cap, gently pry the cap away from the introducer tip. Do not pull the cap in an upward motion to remove it from the introducer tip as this can cause the introducer tip to be removed from the bag. Ensure that the introducer tip is intact after cap removal and still attached to the bag. If you remove the introducer tip during cap removal, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip attached to the bag. Also, be careful not to touch the introducer tip with your fingers; doing so will compromise sterility.

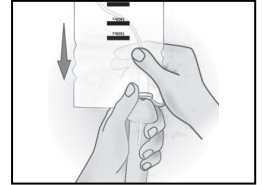
3. Clean the urethral opening (meatus) and surrounding area.



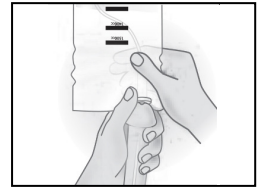
4. Using the non-dominant hand, hold the penis just below the glans (head). With the dominant hand, insert the introducer tip and catheter into the meatal opening. Then hold the catheter securely in place with the non-dominant hand.



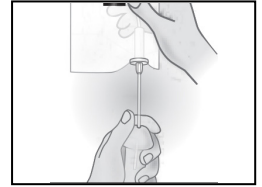
5. Using the dominant hand, grasp the catheter tube through the bag an inch (1") below the housing and begin advancing the catheter into the urethra at 1" to 1.5" intervals.



6. Continue advancing until the catheter reaches the bladder and urine begins to flow. Allow the urine to flow until the bladder is empty or the bag is full.



7. When the urine drainage is complete, slowly and gently withdraw the introducer tip and the catheter from the urethra.



8. To empty the bag, tear the bag open where it says, "TEAR HERE TO EMPTY." Tear downwards for best results. Urine can also be disposed of directly from the introducer tip – use the thumbhole at the bottom of the bag to position the bag for urine to flow out of the tip. Pour the urine into the toilet.



9. Dispose of the catheter, bag, and contents using normal, acceptable clinical practice.

10. Wash hands after completion.



See reverse for additional information.

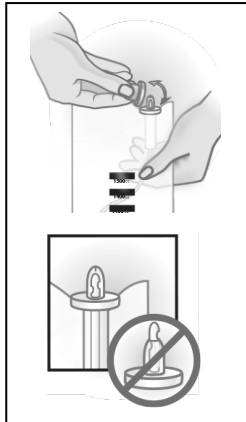
**FEMALE INSTRUCTIONS**

1. Wash hands. Open the package and remove the contents. Put on gloves, and use an underpad, if necessary.

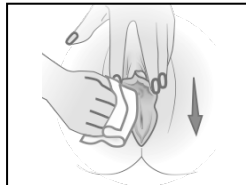


2. Prepare the catheter: Remove the cap from the introducer tip. Ensure that the catheter tube is inside the introducer tip but not extended through the opening of the tip.

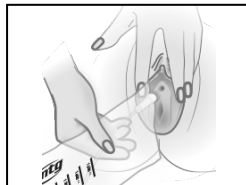
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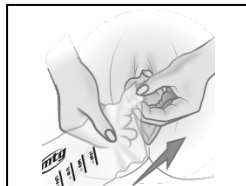
3. Clean the urethral opening (meatus) and the surrounding area.



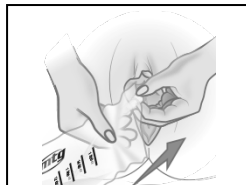
4. Using the non-dominant hand, hold the inner labia apart. With the dominant hand, insert the introducer tip and the catheter into the meatal opening. Then hold the catheter securely in place with the non-dominant hand.



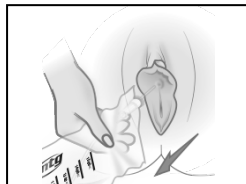
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6. Continue advancing until the catheter reaches the bladder and urine begins to flow. Allow the urine to flow until the bladder is empty or the bag is full.



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10. Wash hands after completion.



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